



## Section C Nervous System

|   |   |   |   |   |
|---|---|---|---|---|
| Muscle spasms in hands or feet                                  | 1 | 2 | 3 | 4 |
| Difficulty sleeping   | 1 | 2 | 3 | 4 |
| Irritability, or being easily provoked                          | 1 | 2 | 3 | 4 |
| Feeling restless, or agitated                                   | 1 | 2 | 3 | 4 |
| Small muscle twitching around your eyes, facial muscles         | 1 | 2 | 3 | 4 |
| Small muscle twitching anywhere else in your body               | 1 | 2 | 3 | 4 |
| Convulsions   | 1 | 2 | 3 | 4 |
| Experience long or intense periods of stress                    | 1 | 2 | 3 | 4 |
| Shakiness or tremor in your hands                               | 1 | 2 | 3 | 4 |
| Muscle cramps   | 1 | 2 | 3 | 4 |
| Chronic lack of interest, indifference, or apathy               | 1 | 2 | 3 | 4 |
| Poor memory   | 1 | 2 | 3 | 4 |
| Experience physical or mental fatigue                           | 1 | 2 | 3 | 4 |
| Loss of concentration   | 1 | 2 | 3 | 4 |
| Anxiety   | 1 | 2 | 3 | 4 |
| Mood swings   | 1 | 2 | 3 | 4 |
| Depression for no apparent reason                               | 1 | 2 | 3 | 4 |
| Feelings of disorientation as to time or place                  | 1 | 2 | 3 | 4 |
| Experience emotional stress                                     | 1 | 2 | 3 | 4 |
| Feelings that people are against you                            | 1 | 2 | 3 | 4 |
| Cold hands or feet  | 1 | 2 | 3 | 4 |
| Numbness in face, hands, or feet                                | 1 | 2 | 3 | 4 |
| Experience tingling or 'pins and needles' anywhere in your body | 1 | 2 | 3 | 4 |
| <b>Score for Section D</b>                                      |   |   |   |   |

1 = Almost never    2 = Sometimes    3 = Fairly often    4 = Very often